

Solar Dried Sorrel Powder

₹499.00



Solar Dried Sorrel Powder

Nutritional Profile (per 100g):

- **Energy:** ~260 kcal
- **Carbohydrates:** ~65 g
- **Sugars:** ~0 g
- **Protein:** ~6 g
- **Fat:** ~1.5 g
- **Fiber:** ~12 g
- **Vitamin C:** ~12 mg
- **Calcium:** ~150 mg
- **Iron:** ~8 mg

Benefits:

Rich in antioxidants, Vitamin C, and minerals, sorrel powder supports heart health, digestion, and immunity. Ideal for teas, health drinks, and natural coloring in foods.

Solar Dried Sorrel Powder (Gongura Powder) – Naturally Tangy & Nutrient-Rich

Experience the bold, tangy flavor of **Solar Dried Sorrel Powder** (Gongura Powder), made from carefully selected sorrel leaves that are sun-dried and finely ground under hygienic conditions. A popular ingredient in South Indian cuisine, this powder is packed with antioxidants, iron, and essential minerals—making it both a flavorful and nutritious addition to your meals.

No preservatives, no additives—just pure, natural sourness in every spoon.

Key Features:

- ☐ **100% Solar Dried** – Traditional sun-drying method retains nutrients and authentic flavor
 - ☐ **Naturally Tangy Taste** – Ideal for regional and traditional recipes
 - ☐ **Rich in Iron & Antioxidants** – Supports digestion, immunity & energy
 - ☐ **Hygienically Processed** – Clean, safe, and ready-to-use powder
 - ☐ **Eco-Friendly** – Sustainable and chemical-free drying method
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Uses:

- Mix into chutneys or pickles
 - Add to curries, dals, or rice blends
 - Spice powders & traditional masalas
 - Used in ready-mix pastes or snack seasonings
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Ingredients:

100% Sun-Dried Sorrel Leaves (Gongura)

Storage Instructions:

Store in a cool, dry, and airtight container. Keep away from direct sunlight and moisture.

Shelf Life:

Up to 12 months from packaging date

SKU: NS0DP0406

Categories: Solar Dried Powders