

## Solar Dried Tomato

₹499.00



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### Nutritional Profile (per 100g):

- **Energy:** 258 kcal
- **Carbohydrates:** 55.8 g
- **Sugars:** 37.6 g
- **Protein:** 14.1 g
- **Fat:** 3 g
- **Fiber:** 12.3 g
- **Vitamin C:** 39 mg
- **Calcium:** 110 mg
- **Iron:** 9.1 mg

### Benefits:

Solar dried tomatoes are rich in lycopene, Vitamin C, and iron. They support immunity, skin health, and blood circulation. Perfect for soups, sauces, gravies, and healthy toppings.

# Solar-Dried Tomatoes & Tomato Powder

By Nature Delight – Naturally Preserved, Flavor-Packed, and Nutrient-Rich

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## About the Product

At Nature Delight, our solar-dried tomatoes and tomato powder are made from **hand-picked, farm-fresh ripe tomatoes**, naturally dried under the sun without chemicals or artificial preservatives.

This **traditional solar drying method**:

- Intensifies flavor
- Extends shelf life
- Retains essential nutrients

The result? A year-round **burst of natural umami** for your kitchen.

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## Product Highlights

- 100% Natural & Chemical-Free
- No Added Colors or Preservatives
- Rich in Antioxidants, Lycopene & Vitamins

- Long Shelf Life & Easy Storage
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## Key Features

- 100% Natural & Solar-Dried
  - No Artificial Colors, Flavors, or Preservatives
  - Rich in Lycopene & Antioxidants
  - Lightweight, Travel-Friendly, Long Shelf Life
  - Rehydrates Instantly – Ideal for paste, puree, or gravy base
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## Culinary Uses

### In Everyday Dishes

- **Pasta & Pizza** – Rehydrate & blend into sauces or use whole for tangy bites
- **Curries & Gravies** – Adds richness to Indian & Mediterranean dishes
- **Salads & Wraps** – Chopped for intense flavor in fresh recipes

- **Soups & Broths** – Boosts flavor in vegetable or chicken stock soups

### In Pickles & Preserves

- **Sun-Dried Tomato Pickle** – With mustard seeds, garlic, cold-pressed oils
  - **Mixed Vegetable Pickles** – Fusion-style with other dried veggies
  - **Oil-Preserved Tomatoes** – Stored in olive oil with herbs like oregano & basil
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### Ready-to-Go & Outdoor Friendly

- **Trekking & Hiking** – Lightweight, nutrient-rich snack
  - **Camping** – Quick flavor boost for noodles, soups, or one-pot meals
  - **Travel & Picnics** – Perfect for sandwiches & wraps
  - **Emergency Pantry** – Shelf-stable for instant gourmet meals
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### Perfect For

- Home chefs upgrading everyday cooking

- Health-conscious buyers seeking natural ingredients
- Restaurants & caterers for authentic taste
- Outdoor & travel food lovers
- Food manufacturers & exporters needing preservative-free, shelf-stable products

**SKU:** NS0DV0501

**Categories:** Solar Dried Vegetables